

July 16, 2018 AHD Objectives

Anticoagulation:

Venous Thromboembolism:

1. Know the indications for hypercoagulability work up and the appropriate timing of the evaluation.
2. Know the most common inherited and acquired thrombophilias.
3. Understand when and how to use the PERC score and the Well's Criteria to calculate a pretest probability for VTE and be able to draw the diagnostic algorithm in a flow chart.
4. Know the appropriate treatment options for VTE including drug of choice and duration of therapy for provoked and unprovoked VTE. When are lytic agents required?

Atrial fibrillation:

1. Know the indication for anticoagulation for atrial fibrillation both with and without coexisting CAD.
2. Understand how to assess the risk of bleeding versus benefit of anticoagulant treatment for atrial fibrillation. (CHADS-Vasc vs. HASBLED score)
3. Understand the indications for bridging anticoagulation for patients who are anticoagulated for atrial fibrillation.

Heart valves:

1. Know the recommendations for anticoagulation for mechanical heart valves and the INR goals for patients taking warfarin based on valve position and risk factors.
2. Know the recommended anticoagulant for a patient who is pregnant with a mechanical heart valve.

Anticoagulant Drugs:

1. Know the mechanism of action of heparin, warfarin, Xa inhibitors, and direct thrombin inhibitors and their reversal agents for life threatening bleeding.

Serious Conversations: (This does not require written objectives to be turned in, but must practice #5 to be ready to do this on Tuesday in small group setting.)

Understand the importance of having GOALS OF CARE CONVERSATIONS with patients with serious and/or life-limiting illness

1. Learn how to identify appropriate candidates for Goals of Care Conversations
2. Understand the importance of replying to emotional statements from patients with EMPATHETIC responses rather than FACTS
3. Learn how a STRUCTURED TOOL can facilitate effective and efficient Goals of Care Conversations
5. Practice the FOUR components of a structured Goals of Care Conversation with simulated case scenarios overseen by faculty
 - a. SET UP – CRITICALLY important – explain reasons for discussion, ask for permission, reduce anxiety
 - b. Seven core questions – ask verbatim, listen and talk less, avoid getting side tracked
 - c. ACT – affirm commitment and make a recommendation
 - d. DOCUMENTATION and FOLLOW UP
 - e. Complete all steps within 15 minutes