10/3/2022

**Musculoskeletal Week Objectives**

At the end of the session residents will be able to:

1. Perform shoulder exam

2. Perform knee exam

3. Perform a spine exam.

4. Know the indications, risks and benefits of doing knee and shoulder arthrocentesis.

Shoulder Exam Video <https://stanfordmedicine25.stanford.edu/the25/shoulder.html>

Knee Exam Video <https://stanfordmedicine25.stanford.edu/the25/knee.html>

Spine Exam Video https://stanfordmedicine25.stanford.edu/the25/BackExam.html

Shoulder arthrocentesis video https://www.rheumtutor.com/injection-techniques/

Knee Arthrocentesis Video https://www.rheumtutor.com/injection-techniques/