

# Fellowship Q &A



# PGY 1-2

- EXPLORE your possibilities – OK to explore many different specialties to find the right fit.
- Get involved with research
  - That you are passionate about...
  - Complete a clinic research/QI Project
- Submit case reports
- Interact with potential letter writers, express your interest during your rotations.
- Keep your CV updated
  - Debbi Taylor (House Staff Transition Coordinator) is a great resource

# ERAS

- Early June – ERAS opens and can start working on application
- Early July – Applicants may apply
- July 15 – Programs start receiving application
- August – November – Interviews
- Late November/early December – Match day
- Similar to residency application – prompted to put everything into ERAS
  - Include all achievements, including ongoing projects, in press, etc.

# Cost to applicants (approximate and subject to change):

ERAS token	\$105
ERAS fee for first 10 programs	\$115
11 – 20 programs	\$13 each
21 – 30 programs	\$16 each
31 or more	\$26 each
USMLE transcript fee	\$80
NRMP/SMS match fee	\$75
Flights /Hotels/etc	???

# Personal Statement

- Ask yourself:
  - What experiences set you apart and make you a strong candidate?
  - Why are you unique? And how would you be a fit for the program?
  - What relevant info is not included elsewhere in your application?
  - If unsure about your strengths, ask mentors/seniors or take the Clifton Strength Finder.
- Let your voice/personality/enthusiasm shine through, but avoid excessive ego
- Pass it around to friends/mentors/chiefs/faculty to read and edit. **Your first draft is not your final draft.**
- Include any interest in a specific field and/or program interests
- Be sure to check spelling and grammar, don't refer to yourself in the third person, and make safe choices when choosing what to discuss.

# Letters of Recommendation

- Number?
  - Most programs require 4, with 1 letter from your PD
- Who?
  - Residency PD – Touch base with both Dr. O’Malley and Jane Sanborne
    - ***Fill out this form ASAP:*** <https://airtable.com/shrkCCMwNsl2qxKg1>
  - At least 1 letter from the specialty you are applying
  - Research mentors
  - People that know you well
- When?
  - While you are working with them, or greater than 3 months prior to due date (APRIL 1<sup>st</sup>)
  - Uploading to ERAS takes about 5 days, so the earlier they are uploaded the better
- How?
  - Arrange an in person meeting (or over the phone) to ask. In person meeting serves to ask for the letter, but also get career advice, program advice, it will also help your letter writer get to know you and your aspirations better.
  - “Can you write me a positive (strong) letter of recommendation by June 1<sup>st</sup>?”
  - Provide a copy of your CV and personal statement
  - Submitted by letter writer to ERAS directly

# Interviews

- Scheduling interviews
  - Dates fill up quick, most programs offer 3 – 5 dates
  - Put in a schedule request early, be prepared to help find your own coverage if needed, avoid scheduling interviews on clinic days
- Be prepared – research the program, why them?
- Be engaged
- Be ready to talk about yourself, your research, strengths/weakness, where/what you want to do in 5-10 years.
  - Be ready to talk about QI projects
- Be prepared for many different interviews (some have 5-13 interviewers). If given a schedule ahead of time, try to read about your interviewer.
- Ask questions.
- Thank you notes, can be written or email.



# More questions?

- Your chiefs, faculty, mentors, and current fellows are here to help!

- [https://resident360.nejm.org/content\\_items/applying-for-fellowship-what-you-need-to-know-2](https://resident360.nejm.org/content_items/applying-for-fellowship-what-you-need-to-know-2)
- Pomerantz, Richard M. "Applying for a sub-specialty fellowship: some tips and advice from a former program director." *Journal of community hospital internal medicine perspectives* 1.3 (2011): 8087.
- <http://www.ucdenver.edu/academics/colleges/medicalschoo/departments/medicine/intmed/imrp/RESOURCES/fellowship/Documents/Fellowship%20Guide%202017.pdf>